

SAHABAT

The SAHABAT Refugee Mentoring Programme is an initiative launched by the Malaysian Social Research Institute (MSRI).

It is a programme designed to match local people in a one-to-one or in a group mentoring relationship with refugees with the goal of making refugees feel more at home in Malaysia.

What is Mentoring?

Mentoring is a mutual beneficial relationship where one person invests time and personal knowledge in assisting, sharing experience, guiding and supporting the growth and ability of another person towards achieving goals.

If you are interested in receiving more information about sahabat please contact msri

malaysian social research
institute
MSRI

49, JALAN U THANT (JKR 2825)
55000, KUALA LUMPUR
(+603) 4252-8699
(+603) 4257-8649

E-MAIL:

msri@streamyx.com
lia_syed@msri.org.my
yolanda@msri.org.my

SAHABAT

MENTORING PROGRAM



† REFUGEE MENTORING ¢

MAKING A DIFFERENCE
AN HOUR A WEEK!



What will be expected? I would like to participate

from Mentors

now what?

| Mentors | Mentees |
|--------------|----------|
| Local people | Refugees |

BENEFITS OF MENTORING

| MENTORS | MENTEES |
|--|--|
| <ul style="list-style-type: none"> - Satisfaction from making a difference in someones life - Increase knowledge and understanding about refugees - Broadening cultural understanding - Personal development from helping a person in need - Acquiring new skills - Improve confidence and self esteem | <ul style="list-style-type: none"> - Receiving individual attention and practical and personalized advise - Opportunity to socialize and have somebody to share concerns and be distracted from problems - Integration into community, building confidence and reducing isolation - Increase access to local services - Gain better understanding of local culture - Improve language skills |

| one-to-one mentoring | group mentoring |
|--|--|
| <ul style="list-style-type: none"> - To meet once a week to support, encourage and guide the mentee - To direct the mentee to relevant outside agencies - To keep records of any contact made with mentee - To participate in individual and group support and individual supervision sessions | <ul style="list-style-type: none"> - To meet twice a month to support, encourage, and guide a group of mentees - To direct the mentees to relevant outside agencies - To keep records of any contact made with mentees - To participate in support sessions and in individual supervision sessions |

| To become a Mentor | |
|--|---|
| Register | Fill out the registration form |
| Interview | We will contact you to set up an interview |
| Training | We will provide you with one day training |
| You will be ready to Meet your mentee | |
| Mentoring begins | |

WE ARE LOOKING FOR VOLUNTEERS WHO ARE:

- Good Listeners
- Stable and mature
- Reliable
- Non Judgmental
- Have good knowledge of local area

Step up and make a positive impact in a refugee's life!

